

**Curriculum Vitae**  
**Robert E. Henry, MD, MS**  
 Physical Medicine and Rehabilitation  
 Electrodiagnostic Medicine  
 Sports Medicine

**Primary Practice Locations:**

*Body Dynamix Integrated Sports Medicine* 09/2015 - Present  
 Tarzana Office: 18344 Oxnard Street, Unit 104, Tarzana, CA 91356  
 Lake Forest Office: 26923 Fuerte Drive, Lake Forest CA 92630  
 Thousand Oaks Office: 1011 Rancho Conejo Boulevard, Thousand Oak, CA 91320

Billing & Correspondence Contact: Pam Kessinger  
 18344 Oxnard Street, Unit 104, Tarzana, CA 91356 / Phone: (818) 783-4085

*St. Charles Spine Institute* 09/2015 - Present  
 558 Saint Charles Drive, Suite 200, Thousand Oaks, CA  
 Billing & Correspondence Contact: Veronica / Phone: (805) 379-2322

**Satellite Practice Locations:**

*US Healthworks*  
 4934 Verdugo Way, Camarillo, CA 93012 09/2012 to present  
 Phone: 805-388-2547

**Prior Practice Locations:**

*Nelson Spine Institute* 06/2006 to 09/2015  
 110 Jensen Court #1-CThousand Oaks, CA 91360  
 Phone: 805-494-7740

*Valencia Sports Medicine* 07/2011 to 10/2014  
 24517 Town Center Dr., Valencia, CA 91355

*Rehabilitation Group of the Central Coast* 06/2009 to 01/2014  
 230 West Pueblo Street, Santa Barbara, CA 93105

*Downey Orthopedic Medical Group*  
 1700 Lombard Street, suite #110, Oxnard, CA 93030 07/1992 to 2011  
 4849 Van Nuys Blvd., Suite #104, Sherman Oaks, CA 91403 07/1992 to 2011  
 7700 E. Imperial Hwy, Suite R, Downey, CA 90242 07/1992 to 2006

## **Medical Practice / Biography:**

Robert Henry, M.D., M.S., is a physical medicine and rehabilitation specialist. Dr. Henry has been in private medical practice in Southern California since 1992, following completion of the Physical Medicine and Rehabilitation Residency Program at the University of Washington in Seattle. His practice focus has been outpatient evaluation, treatment, and rehabilitation management of musculoskeletal injuries and dysfunction of the spine, sports and industrial injuries, and electrodiagnostic medicine.

Dr. Henry obtained his Bachelor's of Science and Master of Science degrees within the Department of Kinesiology at UCLA in 1980 and 1983, respectively. During his graduate studies at UCLA, Dr. Henry taught undergraduate and nursing school courses in Neuromuscular Functional Anatomy, Dissection Anatomy, and Biomechanics, and he also developed a private business in exercise consulting in West Los Angeles. He then attended UCLA Medical School, graduating in the top of his class and receiving the Merck Award for Superior Clinical and Academic Performance in 1988. He completed a one-year transitional internship at Santa Barbara Cottage Hospital, and then completed Physical Medicine and Rehabilitation Residency Program and post-graduate training in Electrodiagnostic Medicine at the University of Washington, Seattle in 1992. He received Board Certification in Physical Medicine and Rehabilitation in 1994.

Dr. Henry has been in private medical practice in Southern California since 1992. He has worked within busy Orthopedic Spine Surgery practices, collaborating closely with spine surgeons, as well as anesthesiologist, physiatrists, occupational medicine physicians, chiropractors, physical therapists, orthotists, massage therapists, nutritionists, and acupuncturists, with office locations within Santa Barbara, Los Angeles, and Ventura Counties. In 2011, Dr. Henry co-founded and served as President/ Medical Director of "Valencia Sports Medicine", a multidisciplinary nonsurgical sports medicine practice, through 2015. He more recently co-founded and is currently Medical Director and President of "Body Dynamix Integrated Sports Medicine", with office locations in Tarzana, Lake Forest, and Thousand Oaks, CA. Dr. Henry maintained an outpatient spine care and electrodiagnostic medicine practice at "Nelson Spine Institute" in Thousand Oaks from 2006 through 2015, and has now relocated to "St. Charles Spine Institute".

### Education/ Training:

- University of Washington Medical Center, Seattle, WA  
Post-Residency Training—*Electrodiagnostic Medicine* (June 1992-August 1992)
- University of Washington Medical Center, Seattle, WA  
Residency—*Physical Medicine and Rehabilitation* (July 1989 to June, 1992)
- Santa Barbara Cottage Hospital, Santa Barbara, CA  
Internship—*Med/Surg Transitional* (July, 1988—June, 1989)
- UCLA, School of Medicine, Los Angeles, CA  
*Doctor of Medicine* (Sept.1984—May, 1988)
- UCLA, Department of Kinesiology, Los Angeles, CA  
*Master of Science, Kinesiology/ Biomechanics* (Sept, 1980-March, 1983)
- UCLA, Department of Kinesiology, Los Angeles, CA  
*Bachelor of Science, Kinesiology* (Sept, 1975-June, 1980)

### Board Certification and Licensure

- California Medical License, May, 1988-present
- Diplomat, American Academy of Physical Medicine and Rehabilitation, May, 1994

### Memberships:

- American Academy of Physical Medicine and Rehabilitation
- American Association of Neuromuscular and Electrodiagnostic Medicine

### Teaching Experience:

University of Washington Medical School, Tutor, 1991

*Introduction to Clinical Medicine*

U.S.A. Fitness and Sports Science Delegate, People's Republic of China, 1988

Citizens Ambassador Program of People to People

UCLA Department of Kinesiology Teaching Associate, 1982-1983

*Human Neuromuscular Dissection Anatomy*

UCLA Department of Kinesiology Teaching Associate, 1981-1982

*Biomechanics*

UCLA Department of Kinesiology, Undergraduate Assistant, 1978

*Physiology and Human Neuromuscular Anatomy*